

## Senior Nutrition Program January 2012

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  <b>CLOSED</b> <b>HAPPY NEW YEAR</b>	<b>3</b>  <b>SITE CHOICE</b>	<b>4</b>  Curried Chicken w/Veggies Brown Rice Fresh Fruit Dinner Roll	<b>5</b>  Lasagna Green Beans Applesauce Garlic Bread	<b>6</b>  Oven "Fried" Chicken Scalloped Potatoes Crisp Green Salad Pineapple Dinner Roll
<b>9</b> Baked Fish Scalloped Potatoes Green Beans Oranges Dinner Roll	<b>10</b> Bean Soup Corn Bread Spinach Salad Applesauce	<b>11</b> Pot Roast Red Potatoes Steamed Carrots Fruit Salad Dinner Roll	<b>12</b> Spaghetti w/Meat Sauce Steamed Broccoli Fresh Fruit Garlic Bread	<b>13</b> Chicken A La King w/Veggies on a Biscuit Crisp Green Salad Peaches
<b>16</b>  <b>CLOSED</b> <b>ML KING</b> <b>DAY</b>	<b>17</b> Ham Sweet Potatoes Green Beans Fresh Apples Dinner Roll	<b>18</b>  Baked Ziti Casserole w/Tomato Sauce & Cheese Steamed Broccoli Fruit Cocktail Dinner Roll	<b>19</b>  Chicken Enchiladas Refried Beans Cauliflower Fresh Orange	<b>20</b> Beef Stroganoff Spinach Salad w/Sliced Red Onion Peaches Dinner Roll
<b>23</b>  Tuna Sandwich Vegetable Soup Crisp Green Salad Pears	<b>24</b> Turkey w/Gravy Mashed Potatoes Green Beans Whole Cranberry Sauce Dinner Roll	<b>25</b> Chicken Cacciatore w/ Onions & Peppers Egg Noodles Crisp Green Salad Apples Dinner Roll	<b>26</b>  <b>SITE CHOICE</b>	<b>27</b> Pork & Veg Chop Suey Steamed Rice Stir Fry Veggies Pineapple Dinner Roll
<b>30</b>  Vegetarian Chili w/Beans Corn Bread Crisp Green Salad Peaches	<b>31</b>  Baked Chicken Scalloped Potatoes Capri Veggies Pears Dinner Roll			

\*\*Monday meals in Yelm and Friday meals in Lacey are not federally funded and require payment to attend\*\* (Menu Subject to change)