

Delivery Information

*There is a 6 meal
minimum order for
delivery.*

*Dinners For You will
gladly deliver your
ordered meals any-
where within the
Lacey, Olympia, and
Tumwater areas.*

*Delivery is always free
of charge.*

*Deliveries take place
on Friday*

*Pick-up is available
Mon–Fri at
222 Columbia St NW,
Olympia &
16530 103rd Ave SE, Yelm
And Tue-Fri at
6757 Pacific Ave SE, Lacey*

*Senior Services for
South Sound*

*Gift Certificates
now available.*



Made especially for you!

Senior Services
FOR SOUTH SOUND

Dinners For You

Delivery Menu

*Delicious and
healthy meals
delivered
to your home.*

*Delivery Days are
Friday
Or Pick up: Mon-Fri
At Olympia and Yelm
or Tue-Fri in Lacey.*

*We gladly accept cash,
or checks made out to
Senior Services for
South Sound.*

*To order call:
(360) 870-4312
To pickup, contact
Nutrition Dept. at
Olympia Senior
Center*

*Sponsored by Senior Services for
South Sound
222 Columbia Street NW
Olympia, WA*

BEEF

Beef Stroganoff \$4.50

Braised beef simmered in a brown gravy with sour cream, garlic and onions, and paired with egg noodles. Served with broccoli and cinnamon apples.

Pot Roast \$4.50

Everybody's favorite comfort food, served with vegetables, gravy, Au Gratin potatoes, and cherry compote.

Swedish Meat Balls \$4.50

Popular delicious meat balls served with a sour cream sauce, herbed mashed potatoes, green beans, and pears.

Salisbury Steak \$4.50

A generous portion of tender steak, smothered in a savory gravy, with scalloped potatoes, and mixed vegetables.

Meatloaf \$4.50

Tender tasty serving of meatloaf and gravy, served with garlic mashed potatoes and peas.

POULTRY

BBQ Chicken \$4.50

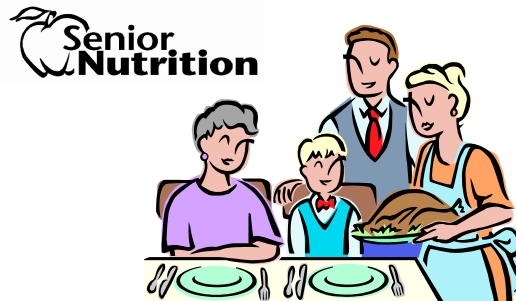
We combined our popular Mac & Cheese to go with flavorful BBQ Chicken and our tasty Baked Beans.

Chicken a la King \$4.50

Classic Chicken a la King served over a flaky biscuit, with a side of broccoli and spiced peaches

Roast Turkey \$4.50

Celebrate year round with our sumptuous sliced roast turkey served in gravy, complete with dressing, yams, and whole cranberry sauce.



PORK

Pit Ham \$4.50

A generous slice of premium, tender boneless ham, served with a side of scalloped potatoes, green beans, and cinnamon apples with raisins.

About Dinners For You

Dinners For You specializes in the home delivery of healthy, home-cooked meals.

Our customers' health is important to us.

Therefore, all of our meals are low in fat, low in sugar, and low in salt.

Our meals are delivered frozen and are microwavable, making preparation always quick and easy.

Dinners For You is dedicated to bringing its customers delicious and nutritious meals that anyone would love.